

# Riebeeck Berg 2017

## 10 Km Marathon - Overall Results



Pos	Bib	ChipCode	Name	Club	Age	Category	Gender	Race Time
1	1411	8DZD08K	Anthony Timoteus	UWC	22	Open	Male	00:31:22
2	1394	3GH3MWX	Rowhaldo Ratz	UWC	19	Juniors	Male	00:32:16
3	1393	4XHCG69	Akhona Mdaka	ELGIN GRABOUW	24	Open	Male	00:32:20
4	1208	2MHS0PS	Llewellyn Jacobs	NANTES AC	31	Open	Male	00:36:39
5	1047	2NHT02M	Ammaar Christian	NANTES AC	18	Juniors	Male	00:38:21
6	1371	8AHT8SW	Rhandy Solomons	NANTES AC	19	Juniors	Male	00:38:34
7	1255	VX3HR77	Owen Smith	BOLAND	46	40-49	Male	00:38:37
8	1275	VX85ESB	Solly Van Rooyen	WORCESTER AC	54	50-59	Male	00:38:50
9	1039	8ZN0MX4	Samsodien Andrews	NANTES AC	27	Open	Male	00:39:26
10	1073	8RHMZT2	John Ross Mcgregor	SWARTLAND AC	52	50-59	Male	00:41:44
11	1093	4FN7829	Joshua Smit	NANTES AC	22	Open	Male	00:41:50
12	1169	0AKVST7	Jason Beukes	SWARTLAND AC	31	Open	Male	00:42:27
13	1071	3KHGKM6	Nkululeko Manzana		27	Open	Male	00:43:44
14	1222	3ZH1ECD	Raees Manuel	NANTES AC	17	Juniors	Male	00:43:51
15	1412	2FZZTA5	David Skoti	FRANSCHOEK AC	50	50-59	Male	00:43:54
16	1262	3SN28BT	Mariette Strauss	TYGERBERG	55	50-59	Female	00:43:59
17	1035	8AHT315	Lisa C Abdellah		33	Open	Female	00:44:04
18	1107	3KHW6WG	Musaddiq Vermeulen	NANTES AC	27	Open	Male	00:44:37
19	1075	4XHCV61	Bernett Mentoor		33	Open	Male	00:45:21
20	1077	2XKS7D1	Thapelo Moeketsi		30	Open	Male	00:45:44
21	1460	8WKXXT5	Giovanni Joseph Rhodes		22	Open	Male	00:45:47
22	1122	6YH2P9X	Marquerite Fredericks		22	Open	Female	00:46:38
23	1230	8YW57S3	Klaas Nehro	HELDERBERG HARRIERS	51	50-59	Male	00:46:44
24	1163	2AKANSX	Abrahams Afrika	BELLVILLE AC	42	40-49	Male	00:46:56
25	1045	1NHZM6T	Matthew Carolessen	CELTIC HARRIERS	27	Open	Male	00:47:00
26	1087	6TH7NHA	Caitlyn Schlehmeier	LANGEBAAAN AC	18	Juniors	Female	00:47:17
27	1113	8ZN755C	Colin Williams	WELLINGTON	62	60-69	Male	00:47:22
28	1067	6YHBNMF	Sibusiso Landu		25	Open	Male	00:47:39
29	1062	8WHCESD	Lorenzo Joseph	NANTES AC	17	Juniors	Male	00:47:42
30	1405	2NZGW8Z	Gerhard Strydom		77	Open	Male	00:47:44
31	1043	1NHZ5H6	Flip Boskat		34	Open	Male	00:47:50
32	1114	6TH030F	Francois Williams	TYGERBERG	49	40-49	Male	00:48:13
33	1025	2FZZ117	Johan Burger		30	Open	Male	00:48:31

34	1248	8DWSXKP	Peter Sauls	EERSTE RIVIER AC	56	50-59	Male	00:48:44
35	1080	2XNS7X5	Ndumiso P Oliphant		39	Open	Male	00:48:56
36	1266	8ZK08E3	Frederick Truter	SWARTLAND AC	59	50-59	Male	00:49:09
37	1186	VX69V1D	Johnny De Koker		61	Open	Male	00:49:24
38	1024	4RVR3KC	Vincent Bleyaert		43	40-49	Male	00:49:47
39	1097	4RNCA28	Rugene Smith		27	Open	Male	00:49:51
40	1410	6DHASGB		SPARTAN HARRIERS	17	Juniors	Unknown	00:50:15
41	1078	4RN494W	Jean Pierre Mohd	NANTES AC	27	Open	Male	00:50:50
42	1289	4SKHMC1	Anthony Hawkridge	SATORI	54	50-59	Male	00:53:02
43	1042	1XHGM3P	Lionel Peter Booisen		32	Open	Male	00:53:02
44	1057	3SN3VGT	Sanda Gxamza		34	Open	Male	00:53:27
45	1079	1FHS435	Sibulele Nokama		36	Open	Male	00:53:43
46	1112	6THOK1M	Antoinette Williams	TYGERBERG	45	40-49	Female	00:54:20
47	1048	3KHW6NY	Megan Claasen		33	Open	Female	00:54:22
48	1408	3YMXT3V	Mario Hendricks	NANTES AC	39	Open	Male	00:54:23
49	1011	1KVFFA4	Patrick Plaatjies		59	50-59	Male	00:54:52
50	1396	3ZM995C	Dirk Visser		61	Open	Male	00:54:52
51	1008	4RWB228	Frances Kotze	ARCELOR MITTAL RUNNING CLUB	44	40-49	Female	00:54:56
52	1084	1MM9DD2	Mubaraq Ryklief	NANTES AC	21	Open	Male	00:55:02
53	1072	2XNAH8X	Elaine Matthee	TYGERBERG	48	40-49	Female	00:55:16
54	1206	8YWBGD3	Hendrik Hugo	SWARTLAND AC	41	40-49	Male	00:55:44
55	1070	3TNFT88	Sinawo Majangaza		27	Open	Male	00:55:49
56	1027	4KW47XW	Keagan Schultz		16	Juniors	Male	00:56:48
57	1063	5EHWX7H	Faried Kaffiel		26	Open	Male	00:56:50
58	1040	1WM8MGY	Monde Baba		39	Open	Male	00:56:58
59	1121	6EN212K	Edward Faro		47	40-49	Male	00:58:01
60	1034	1GW83XX	Ruan Gildenhuis		13	Juniors	Male	00:58:03
61	1418	8MNVW54	Berdehan Brand	CERES	54	50-59	Male	00:58:04
62	1119	3KKW4HE	Yolandi Copeland		32	Open	Female	00:58:04
63	1128	3SN32KH	Deidre Herbst		36	Open	Female	00:58:09
64	1296	1KWGR4W	Marie Bekeer		45	40-49	Female	00:58:12
65	1013	8TV08X2	Amanda Scherman	ARCELOR MITTAL RUNNING CLUB	48	40-49	Female	00:58:41
66	1309	2WMMNV1	Beulah Du Plessis		47	40-49	Female	00:58:42
67	1026	2AWSNRX	Tamlyn Lambson		30	Open	Female	00:59:25
68	1ZV9D MD	1ZV9DMD			0	Unknown	Unknown	00:59:41
69	1007	4WVW82	Gill Koch	WEST COAST AC	61	60-69	Female	00:59:43
70	1088	1WK3APN	Nicolette Schlehmeier	LANGEBAAAN AC	27	Open	Female	00:59:58
71	1362	8DYE70P	Marita Coetzee		64	60-69	Female	01:00:17

72	1092	6DHD27Z	Kallie Skippers		53	50-59	Male	01:00:45
73	1031	8TWMCDZ	Anton Gildenhuys		43	40-49	Male	01:01:10
74	1032	2NZ5CTK	Carin Gildenhuys		43	40-49	Female	01:01:10
75	1398	3GH3Z1T	Junaid Duncan		27	Open	Male	01:01:11
76	1403	3GH3572	Kewell G Adams		27	Open	Male	01:01:11
77	1389	3GH8KMR	Vinicia Wood	MITCHELLS PLAIN TITANS	48	40-49	Female	01:01:11
78	1321	4MHM1TV	Janet Hunter		57	50-59	Female	01:01:26
79	1379	0XNDTY1	Jancke Scherman		18	Juniors	Female	01:02:10
80	1370	4RZT398	Annelize J Van Zyl	ARCELOR MITTAL RUNNING CLUB	32	Open	Female	01:02:10
81	1133	3SN3KRT	Gabriel Andries Louw		29	Open	Male	01:02:22
82	1420	1XH5DS5	Simone Loedolff		27	Open	Female	01:02:31
83	1154	4RNCD4C	Anli Wahl		41	40-49	Female	01:02:32
84	1132	4FN78XB	Raynard Loedolff		27	Open	Female	01:02:32
85	1187	1GY370B	Juliana De Wit	NEDBANK RUNNING CLUB	61	Open	Male	01:02:47
86	1108	3ZK14NR	Anene Visser		23	Open	Female	01:02:54
87	1109	6YHBD1D	Herman Visser		55	50-59	Male	01:02:55
88	1172	2RH4W5Z	Hilton Booisen		37	Open	Male	01:02:55
89	1066	8AHB8HW	Jurina Kotze		46	40-49	Female	01:02:57
90	1301	VX2FT87	Patrick Brindley		58	50-59	Male	01:03:03
91	1014	1GV8WVB	John Sideratos	EDGEMEAD RUNNERS	44	40-49	Male	01:03:04
92	1364	8RH77M9	Emmerentia Nel		45	40-49	Female	01:03:10
93	1350	2WMWXT4	Michelle Swart		32	Open	Female	01:03:21
94	1204	VX9NK7S	Lionel Hill	CERES	76	70-99	Male	01:03:39
95	1110	1FHSGPM	Marié Vorster	HANGKLIP AC	72	70-99	Female	01:03:40
96	1058	8KNTEYA	Alexandra Hochleutner	KWAY VOB	76	70-99	Female	01:03:52
97	1252	1ZW9P72	Mareza Smit	SWARTLAND AC	48	40-49	Female	01:03:56
98	1135	8GND998	Sannie Manewel		44	40-49	Female	01:04:01
99	1391	4WNT017	Glenda Alexander	MITCHELLS PLAIN TITANS	53	50-59	Female	01:04:03
###	1044	3ZHY9CG	Emma Brassington	PINELANDS AC	18	Juniors	Female	01:04:05
###	1153	4XHCVZ1	Steven Van Der Berg		20	Open	Male	01:04:05
###	1102	1MM9329	Gizelle Strydom		44	40-49	Female	01:04:10
###	1033	4MVMVYR	Jano Gildenhuys		10	Juniors	Male	01:04:34
###	1012	9XYCYX5	Anna Rainsford	SWARTLAND AC	61	60-69	Female	01:04:57
###	8DK84 SG	8DK84SG	Theresa Visser		46	40-49	Female	01:05:08
###	1098	8KNB32E	Louis Stander		27	Open	Female	01:05:13
###	1238	VX0S2GG	Lilly Reynolds	SWARTLAND AC	58	50-59	Female	01:05:24
###	1395	4RZTR1S	Aletta Du Plessis		29	Open	Female	01:05:36
###	1338	8SKE8MW	Mike Paterson	WEST COAST AC	63	60-69	Male	01:05:38
###	1129	1FNAP8D	Daniel Hofmeyr		44	40-49	Male	01:05:46

###	1272	2FKGZPF	Althea Van Niekerk		59	50-59	Female	01:05:58
###	1174	1ZVZ49R	Yolanda Boshoff	ARCELOR MITTAL RUNNING CLUB	56	50-59	Female	01:06:13
###	1041	8AHR7PS	Hein Bock	BRACKENFELL AC	54	50-59	Male	01:06:19
###	1190	VX1DAA6	Elsje Du Plessis	HERBALIFE	51	50-59	Female	01:06:19
###	1116	3GH89SG	Gaynor April		45	40-49	Female	01:06:44
###	1150	8ZN77GE	Madelaine Terblanche		52	50-59	Female	01:06:44
###	1200	1KWWWF1	Johanna Harmse	ARCELOR MITTAL RUNNING CLUB	44	40-49	Female	01:07:13
###	1023	4RVR2MF	Heidi Wilson	CAPE MULTI SPORT	45	40-49	Female	01:07:21
###	1258	VX6NKFA	Stephanus Steyn	PAARL AC	62	60-69	Male	01:07:24
###	1155	8GNDV9W	Janel Webb		33	Open	Female	01:07:34
###	1139	3TNWKV2	Charlotte Raats		40	40-49	Female	01:07:34
###	1152	8ZN045T	Minke Van Zyl		53	50-59	Female	01:07:47
###	1016	2NV5FR1	Carol Van Rensburg		51	50-59	Female	01:08:01
###	1085	8MHV5E5	Bonile Sandi		57	50-59	Male	01:08:02
###	1054	1WN8PFT	Siyabulela Dzena		27	Open	Male	01:08:03
###	1106	1XHGFE	Quendoline Van Wyk	DEFENCE	44	40-49	Female	01:08:41
###	1192	1WY6K2V	John Durr	SWARTLAND AC	67	60-69	Male	01:08:50
###	1406	4TK7RPC	Jehan Mohd	NANTES AC	50	50-59	Male	01:08:55
###	1123	1WMSX27	Jaco Hanekom		33	Open	Male	01:09:16
###	1280	6EN2G4S	Yvonne Vries		44	40-49	Female	01:09:29
###	1020	8DVDY3M	Valteno Van Rooy		36	Open	Male	01:09:29
###	1096	4ANV3YP	Leslie Smith		56	50-59	Male	01:09:33
###	1015	9XVK5VW	Ursula Teuchert	SWARTLAND AC	63	60-69	Female	01:09:45
###	1302	0AKEZVG	Carin Burger		55	50-59	Female	01:09:52
###	1115	6TH70T9	Elna Otter		46	40-49	Female	01:10:07
###	1101	4NNTS5C	Anne-Marie Stroebe	RUN WALK FOR LIFE	62	60-69	Female	01:10:22
###	1004	3EWFYDD	Candice Boonzaaier	CPUT ATHLETIC CLUB	40	40-49	Female	01:10:22
###	1028	8DVDFBN	Adele Dommissie		52	50-59	Female	01:10:27
###	1029	2AVS22T	William Robertson Dommissie		48	40-49	Male	01:10:28
###	1065	3DH1FSK	Deon Kotze		45	40-49	Male	01:10:42
###	1002	3EVFVN9	Nazeerah Beghsrdien	TOP FORM	22	Open	Female	01:10:49
###	1211	0FN3XPA	Faffa Joubert	PAARL AC	74	70-99	Male	01:10:59
###	1117	4NNRZAX	Annika Bothma		26	Open	Female	01:11:43
###	1142	1RNGOB8	Mariaan Rossouw		44	40-49	Female	01:11:43
###	1157	1WN8NV7	Rita Bruwer		48	40-49	Female	01:11:43

###	1021	1KWGS61	Francois Van Rooyen	WEST COAST AC	53	50-59	Male	01:11:44
###	1081	3TNFV4P	Naz Parker	WEST COAST AC	46	40-49	Male	01:11:46
###	1207	0FKKCSV	Edwin Jacobs	IN TOUCH AC	48	40-49	Male	01:11:49
###	1256	4KKVKPN	Debbie Stadler	EDGEMEAD RUNNING	42	40-49	Female	01:11:51
###	1140	8WH4HHV	Daphne Rossouw		44	40-49	Female	01:11:53
###	1373	1RNWMKE	Rita Fortuin		57	50-59	Female	01:12:05
###	1064	3ZH9R0N	Andrea Kotze		26	Open	Female	01:12:28
###	1239	DX4A58M	Mike Reynolds	SWARTLAND AC	70	70-99	Male	01:12:31
###	1210	VX2357G	Jacobus Jansen	MONTAGU ATHLETIC CLUB	59	50-59	Male	01:12:47
###	1290	8DKF7EK	Elizabeth Nell	VOORBERG BOLAND	58	50-59	Female	01:12:50
###	1381	4WZV483	Engela Olivier	DURBANVILLE ATHLETIC CLUB	28	Open	Female	01:12:50
###	1131	1WM834A	Melita Kleinhans		49	40-49	Female	01:12:58
###	1143	1WM88DF	Lani Sass		31	Open	Female	01:13:07
###	1105	8WH4R6S	Sakkie Van Niekerk		61	60-69	Male	01:13:13
###	1052	4ANHKF7	Pierre Du Plessis	STRAND AC	66	60-69	Male	01:13:50
###	1303	2KHNZH3	Naomi Burger		59	50-59	Female	01:13:56
###	1127	8ZN7SBC	Jessica Hawkridge		22	Open	Female	01:14:01
###	1001	3SWX8Y2	Chantal Andrews	CPUT ATHLETIC CLUB	47	40-49	Female	01:14:06
###	1036	1RNG7KS	August Matheus Adams		49	40-49	Male	01:14:45
###	1120	8WH4FNA	Chane Fabricius		21	Open	Female	01:15:55
###	1417	1GW84AW	Marili De Agrela		31	Open	Female	01:16:27
###	1382	8GKDN6R	Amandah M Zowa		24	Open	Female	01:16:27
###	1141	8KNT58X	Francia Rossouw		33	Open	Female	01:16:29
###	1202	VX11D3D	John Hartnick	PAARL AC	64	60-69	Male	01:16:43
###	4MKT4 63	4MKT463			0	Unknown	Unknown	01:17:15
###	1240	3SV6FRG	Portia Rhode	CPUT ATHLETIC CLUB	47	40-49	Female	01:17:17
###	1099	6DHDBNC	Nalene Strauss		41	40-49	Female	01:17:21
###	1100	4FNMTFH	Steven Strauss		44	40-49	Male	01:17:21
###	1151	4RN48DH	Karen Thomas		45	40-49	Female	01:18:13
###	1145	1XHGCWD	Sylvia Scholtz		51	50-59	Female	01:18:17
###	1271	2AHG1CZ	Tiekie Van Heerden	ARCELOR MITTAL RUNNING CLUB	65	60-69	Male	01:18:25
###	1291	8DNOZNM	Franciska Venter	EDGEMEAD RUNNERS	47	40-49	Female	01:18:26
###	1213	8DH2SXY	Cecile Kidson	LANGEBAAAN STRANDLOPERS	76	70-99	Female	01:18:37
###	1279	CB14843	Hennie Vlok	SWARTLAND AC	69	60-69	Male	01:18:40
###	1090	6DHDMPE	Laurentius Schoonwinkel	BRACKENFELL AC	50	50-59	Male	01:19:45

###	1089	6EN2WB9	Bouwer Schoonwinkel	BRACKENFELL AC	50	50-59	Male	01:19:46
###	1053	1NHZRPA	Jean Paul Duminy		33	Open	Male	01:19:47
###	1126	1NNZ1XZ	Pamela Harris		61	60-69	Female	01:19:47
###	1399	5EMF3BA	Matthew Du Plessis		27	Open	Male	01:19:48
###	1400	3GH3X3T	Leigh Fortuin		27	Open	Female	01:19:48
###	1402	4KMCVP3	Zahier Adams		27	Open	Male	01:19:48
###	1384	8WH4BFZ	Naeema Mallick	MITCHELLS PLAIN TITANS	60	60-69	Female	01:19:48
###	1392	4YM8NG8	Rosette Scheepers	MITCHELLS PLAIN TITANS	49	40-49	Female	01:19:48
###	1390	2NMFHVG	Mary Austin	MITCHELLS PLAIN TITANS	46	40-49	Female	01:19:49
###	1388	4NMTDPZ	Zuweida Esau	MITCHELLS PLAIN TITANS	54	50-59	Female	01:19:49
###	1386	9NHKRP4	Joy Winkworth	MITCHELLS PLAIN TITANS	56	50-59	Female	01:19:50
###	1281	2NKG41V	Shoneen Wendzich	LANGEBAAN STRANDLOPERS	50	50-59	Female	01:20:35
###	1010	4MW7MY4	Louise Nortje	LANGEBAAN STRANDLOPERS	48	40-49	Female	01:20:45
###	1345	8DVD9GB	Beryl Sharpe		50	50-59	Female	01:20:49
###	1037	8KNB8YT	Barend Jacobus Adams		51	50-59	Male	01:21:05
###	1003	8SV4EC5	Karina Berner	SANLAM AC	33	Open	Female	01:21:18
###	1144	8KNT5FW	Lizahn Adelaide Scholtz		27	Open	Female	01:21:52
###	1017	8YW2WRK	Andre Van Der Merwe		53	50-59	Male	01:21:53
###	1385	8GND7FD	Jessica Jaftha	MITCHELLS PLAIN TITANS	34	Open	Female	01:21:57
###	1049	8GND6BK	Sheulene Claassen	WELLINGTON	39	Open	Female	01:21:57
###	1179	4MVMR9R	Sarah Bukkies		48	40-49	Female	01:22:00
###	1270	2FVZ3YN	Paul Van Der Merwe	NEDBANK RUNNING CLUB	32	Open	Male	01:22:26
###	1134	8WH4HCB	Retha Louw		56	50-59	Female	01:22:34
###	1167	VX25XCZ	Colleen August	KWAY VOB	49	40-49	Female	01:22:48
###	2NWG 47F	2NWG47F	Busisiwe Xolo		41	40-49	Female	01:24:14
###	1193	4NMNGDY	Livhuwani Dzivhani		42	40-49	Female	01:24:15
###	1407	6DNVPVW	Marianne Mohd	NANTES AC	49	40-49	Female	01:24:16
###	1205	1ZV92MW	Azola Hlavla		39	Open	Female	01:24:16
###	1180	4TMXXY5	Annetjie Claassen	SANLAM AC	61	60-69	Female	01:24:36
###	1156	8YN47D7	Melissa Wynne		24	Open	Female	01:24:41
###	1285	9NHD6DG	Anelda Bosch	SANLAM AC	33	Open	Female	01:24:48
###	1267	VX4CWAX	Japie Truter	SWARTLAND AC	72	70-99	Male	01:25:21
###	1322	VX2FGGF	Elizabeth Inskip		61	60-69	Male	01:25:33
###	1056	4XHKEPF	Xavier Goeieman		32	Open	Male	01:25:37

###	1375	6YHBSHF	Annalisa Faro		39	Open	Female	01:25:41
###	1055	1XH57Z6	Willie Gagiano		43	40-49	Male	01:26:06
###	1082	3DN1DG6	Derick Potgieter	SWARTLAND AC	74	70-99	Male	01:26:17
###	1006	2NV5HP1	Casoer Groenewald	BELLVILLE AC	60	60-69	Male	01:26:57
###	1314	4TN6ME6	Liliana Goncalves		46	40-49	Female	01:27:03
###	1111	1XH5NCN	Esther Warnich	SWARTLAND AC	65	60-69	Female	01:27:19
###	1159	4FNM94K	Pieter Vermeulen		57	50-59	Male	01:28:12
###	1138	4NNR24C	Isabel Oliver		61	60-69	Female	01:28:21
###	1018	2NV5CVT	Riana Van Der Merwe	VOORBERG BOLAND	61	60-69	Female	01:29:12
###	1059	4XMC5D7	Arthur James	BONTEHEUWEL AC	57	50-59	Male	01:29:19
###	1277	9FN4YAV	Maria Vermeulen	RUN WALK FOR LIFE	58	50-59	Female	01:29:48
###	1019	8TY0YD7	Sue Van Der Merwe		55	50-59	Female	01:29:49
###	1257	8TZ7VYR	Vanessa Stevens	RUN WALK FOR LIFE	49	40-49	Female	01:29:59
###	1347	2ANHSKW	Gerhard Smit		48	40-49	Male	01:30:00
###	1189	VX1HDFG	Barend Du Plessis	HERBALIFE	55	50-59	Male	01:30:39
###	1168	8DN8H2W	Nicolette Beffels	PAARL AC	38	Open	Female	01:31:43
###	1030	1WW66AZ	Johannes Erasmus		46	40-49	Male	01:31:49
###	1148	6EN24RP	Louwdine Steenkamp		33	Open	Female	01:32:23
###	1274	1ZW93KW	Bianca Van Rensburg		28	Open	Female	01:33:11
###	1175	8DVDD9Z	Ann Bosman		59	50-59	Female	01:33:11
###	1146	3SN3Y4V	Larechell Snygans		29	Open	Female	01:33:30
###	1378	1DKACVZ	Marietjie Visser		66	60-69	Female	01:34:14
###	1136	6ENBHVM	Mthuthuzeli Mdladlamba		35	Open	Male	01:34:26
###	1074	2XNAK8E	Asanda Mdladlamba	KHAYELITSHA AC	34	Open	Female	01:34:26
###	1103	4XHKZES	Emma Sykes	HERBALIFE	32	Open	Female	01:34:32
###	1050	1RNGFVF	Amy Classen		27	Open	Female	01:34:47
###	1334	2KKM2N7	Jannie Morkel	RUN WALK FOR LIFE	58	50-59	Male	01:36:26
###	1220	VX8BAG2	Sumaya Majiet	RUN WALK FOR LIFE	56	50-59	Female	01:36:26
###	1046	8RHM30K	Harriet Carstens		61	60-69	Female	01:36:33
###	1061	1MM9RKY	Susan Jooste		66	60-69	Female	01:36:33
###	1188	1ZHW8BT	Lydia Deetlefs	SWARTLAND AC	45	40-49	Female	01:36:41
###	1357	1KMM9GB	Jan Vermeulen	RUN WALK FOR LIFE	69	60-69	Male	01:36:45
###	1149	6TH797T	Carine Strydom		59	50-59	Female	01:37:12
###	1147	3ZH90TX	Esmá Spangenberg		63	60-69	Female	01:37:12
###	9NMC DNM	9NMCDNM			0	Unknown	Unknown	01:37:20

###	1244	VX4K8SV	Hester Rothman	BRACKENFELL AC	61	60-69	Female	01:38:26
###	1104	1FN8132	Mercia Taylor		58	50-59	Female	01:39:49
###	1253	2FKG13R	Selina Smit	EDGEMEAD RUNNERS	35	Open	Female	01:39:57
###	1051	1XH5766	Catharina Coetzee	BELLVILLE AC	67	60-69	Female	01:40:36
###	1091	2XNSFBC	Huipie Schreuder		55	50-59	Female	01:40:39
###	1264	VX2B0PM	Jan Theunissen	HANGKLIP AC	70	70-99	Male	01:40:58
###	1199	VX5YHTN	Elize Grobbelaar	BELLVILLE AC	72	70-99	Female	01:41:39
###	1191	VX48WRK	Aletta Du Toit	BELLVILLE AC	66	60-69	Female	01:43:01
###	1005	4KWCGVR	Michael Gable	GOODWOOD HARRIERS	53	50-59	Male	01:45:35
###	1125	8ZM0HCS	Eulalia Hans		50	50-59	Female	01:47:05
###	1124	1FHSTWX	Donovan Hans		51	50-59	Male	01:47:06
###	1158	6YHBKEM	Peggy Jonker		72	70-99	Female	01:48:11