

# Riebeeck Berg 2017

## 21 Km Marathon - Overall Results



Pos	Bib	ChipCode	Name	Club	Age	Category	Gender	Race Time
1	2409	1FH3WPX	Siviwe Nkombi	NEDBANK RUNNING CLUB	28	Open	Male	01:10:41
2	2131	1RNGHFA	Lehlohonolo Nyombane	NEDBANK RUNNING CLUB	26	Open	Male	01:12:40
3	2524	1GW3YS3	Njenyana Zwane	SWARTLAND AC	27	Open	Male	01:15:20
4	2400	4WVHK1P	Lebogang V Mpona	PPC LIME	28	Open	Male	01:16:43
5	2212	1KKTMKC	Derek S Baartman	CORRECTIONAL SERVICES	27	Open	Male	01:17:05
6	3SZXD SD	3SZXDSD	Tjaart Van Der Walt	CAPE MULTISPORT	39	Open	Male	01:18:48
7	2651	2XMSRCV	Babaloo Hambi	MSA MULTISPORT	22	Open	Male	01:19:47
8	2050	1WW6TAG	Jacques Benedictus Basson	NAMAQUA AC	37	Open	Male	01:21:34
9	2267	1ZWY1SM	Nicolaas De Jager	WORCESTER AC	35	Open	Male	01:23:05
10	2658	1WYXW9C	Francis Jeke	HOUTBAY HARRIERS	47	40-49	Male	01:23:18
11	2426	4RVB86Z	Dean Preston	HOUT BAY HARRIERS	48	Open	Male	01:23:22
12	2329	CG89930	Roston Isaacs	NEDBANK RUNNING CLUB	55	50-59	Male	01:24:26
13	2423	1KM7AW4	Mark Pikker	KWAY VOB	34	Open	Male	01:25:52
14	2376	5ENNSZ	Terome T Manong	PPC LIME	29	Open	Male	01:28:35
15	2311	VX68A8E	Candice Hall	CARBINEERS WP	33	Open	Female	01:28:44
16	2424	VX60G0R	Mogale Wilson Piloso	SANDF	46	40-49	Male	01:28:48
17	2511	VX67EG8	Rudolf Warries	PAARL AC	52	50-59	Male	01:28:59
18	2359	VX0V6H7	Ludwig Lillie	DURBANVILLE ATHLETIC CLUB	56	50-59	Male	01:29:37
19	2399	VX4FK9C	Thomas Moses	WORCESTER AC	60	60-69	Male	01:30:54
20	2642	VX3NG0K	Paul Adams	ARD ATHLETICS CLUB	46	40-49	Male	01:32:38
21	2462	9KKSEPZ	Piet Smit	SWARTLAND AC	62	60-69	Male	01:33:18
22	2248	VX0VM2B	Louis Claassen	AMSAC	61	60-69	Male	01:33:19
23	2550	4KV4YDK	Richard Corder		21	Open	Male	01:34:24
24	2454	8YWB8MR	Chantel Simpsom	NEDBANK RUNNING CLUB	47	40-49	Female	01:34:30
25	2638	1XN279T	Ashley Kulsen		35	Open	Male	01:34:59
26	2256	1GW4ZWN	Herman Crause	DURBANVILLE ATHLETIC CLUB	46	40-49	Male	01:35:01
27	2225	8YKXCGS	Gerrie Berner	SANLAM AC	37	Open	Male	01:35:04
28	2535	2AYAPWF	Albert Smit Smit	MATIES	27	Open	Male	01:35:31
29	2034	2AVSWF7	Simon Schreuder	ATLANTIC ATHLETIC CLUB	37	Open	Male	01:35:39
30	2629	4KZK3HA	Cardor A Andrews	HOPEFIELD AC	20	Open	Male	01:36:03
31	2457	8DWEHE6	Francois Slabbert		46	40-49	Male	01:36:10

32	2637	2FY17RR	Rianda Gilliland	ATLANTIC ATHLETIC CLUB	33	Open	Female	01:36:11
33	2479	DX4EAKS	Andries Swarts	CERES	52	50-59	Male	01:37:06
34	2235	VX1A26C	Elizabeth Brink	DURBANVILLE ATHLETIC CLUB	43	40-49	Female	01:37:28
35	2393	3EWFN9E	Jacqueline Misroll		47	40-49	Female	01:37:58
36	2206	4XN4AT1	Yusuf Alie	LANGEBAAAN AC	28	Open	Male	01:38:59
37	2253	3EWNTTY	Johan Conradie	CORRECTIONAL SERVICES	39	Open	Male	01:39:28
38	2516	VX4T17P	Garry Wilford	DURBANVILLE ATHLETIC CLUB	61	60-69	Male	01:39:48
39	2397	3EYNMCH	Roberto Moreira	LANGEBAAAN STRANDLOPERS	35	Open	Male	01:39:48
40	2496	8TMBHZX	Jana Van Houwelingen	ATLANTIC ATHLETIC CLUB	29	Open	Female	01:40:15
41	2073	2XNSRKT	Manus Bester	DURBANVILLE ATHLETIC CLUB	25	Open	Male	01:40:50
42	2519	1NNP6V2	Mario Winkworth	MITCHELLS PLAIN TITANS	56	50-59	Male	01:40:52
43	2406	4WVDOC4	Pierre Nel	DURBANVILLE ATHLETIC CLUB	34	Open	Male	01:41:52
44	2282	1WHTBH8	Robert Edson	IN TOUCH AC	52	50-59	Male	01:41:59
45	2652	VX39R9C	Ronald Brink	STRAND AC	62	60-69	Male	01:42:20
46	2647	2NWGDN2	Charles Parry	PINELANDS AC	58	50-59	Male	01:42:23
47	2098	6YHB9PM	Tania Fourie	WEST COAST AC	43	40-49	Female	01:43:34
48	2507	8TM26AK	Hendri Visser	PAARL AC	41	40-49	Male	01:43:57
49	2459	VX4R1D2	Dirk Smit	IN TOUCH AC	58	50-59	Male	01:44:00
50	2245	DX4EFXC	Henry Cieverts	TOP FORM	59	50-59	Male	01:44:08
51	2628	4KHDR3F	Moos Ruiters	HOPEFIELD AC	48	40-49	Male	01:44:15
52	2168	4XHC8PA	Jurgen Gouws		35	Open	Male	01:44:43
53	2430	1GMK2FP	Philip Purchase	WELLINGTON	33	Open	Male	01:45:10
54	2346	9RHZREW	Marietjie Kohn	BORN2RUN	35	Open	Female	01:45:16
55	2530	9XHYY55	Peter William Hughes	WPCC	55	50-59	Male	01:45:21
56	2099	4XH4019	Sadick Fredericks	ITHEKO	46	40-49	Male	01:46:19
57	2006	8DYEGKP	Paul Colman	WEST COAST AC	49	40-49	Male	01:46:37
58	2289	3EVF4P4	Lodiaan Fouche	SWARTLAND AC	42	40-49	Male	01:46:39
59	2251	VX3FCF2	Martine Cohen	ATLANTIC ATHLETIC CLUB	32	Open	Female	01:46:53
60	2032	4KVCZ58	Iain N Park-Ross	WEST COAST AC	59	50-59	Male	01:47:08
61	2292	VX592BN	Wayne Galant	CELTIC HARRIERS	42	40-49	Male	01:47:24
62	2325	VX4AR28	Graham Hough	WEST COAST AC	61	60-69	Male	01:47:34
63	2388	4MV076A	Alastair Mcalpine	CELTIC HARRIERS	34	Open	Male	01:48:00
64	2373	VX8BK7G	Nick Malan	WILDRUNNER	40	40-49	Male	01:48:17
65	2394	4RYRDC9	Lee Moffat	WILDRUNNER	44	40-49	Male	01:48:17
66	2648	3KH59WR	Henry Cleophas	NEDBANK RUNNING CLUB	68	60-69	Male	01:48:25
67	2465	VX2NYZW	Jaypee Snyman	WORCESTER AC	50	50-59	Male	01:48:29
68	2615	3SV6HFW	Hilton Siebritz		34	Open	Male	01:48:55

69	2537	8GV6TWX	Corlise Van Staden	DURBANVILLE ATHLETIC CLUB	42	40-49	Female	01:49:18
70	2039	1GW345B	Shaune Van Der Vywer	BELLVILLE AC	37	Open	Male	01:49:22
71	2227	VX4YBX9	Bossie Boshoff	ARCELOR MITTAL RUNNING CLUB	57	50-59	Male	01:49:24
72	2425	VX4AC6E	Albert Poole	CORRECTIONAL SERVICES	52	50-59	Male	01:49:25
73	2349	3EVWX9X	Hernus Kotze	CORRECTIONAL SERVICES	42	40-49	Male	01:49:26
74	2448	4RZR3KZ	David Schneider	ATLANTIC ATHLETIC CLUB	50	50-59	Male	01:49:27
75	2090	3YN6P5E	Luc Du Plessis	HARFIELD HARRIERS	32	Open	Male	01:49:32
76	2160	2AKKZDW	Jean-Pierre Du Plessis		37	Open	Male	01:49:33
77	2107	8WH4V04	Matewis Heynse		31	Open	Male	01:49:42
78	2268	1KK7NW1	Johandie De Kock	CAPE MULTI SPORT	29	Open	Female	01:49:44
79	2660	VX4SHSC	Helane Smit	SALDANHA AC	53	50-59	Female	01:49:44
80	2523	2FVPEEY	Nadia Zimri	DURBANVILLE ATHLETIC CLUB	30	Open	Female	01:49:48
81	2247	0FKPMXR	Johann Claassen	SANLAM AC	38	Open	Male	01:50:16
82	2066	4KV4M3F	Erika Stemmet		41	40-49	Female	01:50:17
83	2477	1ZVPZY1	Solette Swanepoel	DURBANVILLE ATHLETIC CLUB	30	Open	Female	01:51:14
84	2370	2FZZP8N	Gail Maharaj	SANDF	50	50-59	Female	01:51:15
85	2327	9XYCX7A	Kara Human	DHS OLD BOYS	41	40-49	Female	01:51:18
86	2040	2AW8YDA	Piet Van Dyk		58	50-59	Male	01:51:19
87	2045	8YYBB51	Bronwyn Whitticom	BORN2RUN	33	Open	Female	01:51:38
88	2372	2WKVEVY	Loyd Makie	FINLIME HARRIERS GN	51	50-59	Male	01:51:39
89	2445	3KHGG3T	Abel Sandi	FINLIME HARRIERS	32	Open	Male	01:52:10
90	2460	9XVK5RE	Erik Smit	WEST COAST AC	37	Open	Male	01:52:10
91	2106	6EN2PF3	Martin Heunis	STELLENBOSCH AC	35	Open	Male	01:52:11
92	2070	8YWB129	Petro Jordaan		32	Open	Female	01:52:15
93	2303	4KH9RPM	Marcelle Greef	ARCELOR MITTAL RUNNING CLUB	44	40-49	Female	01:52:15
94	2531	VX7FSNH	Hester Kotze	DURBANVILLE ATHLETIC CLUB	69	60-69	Female	01:52:30
95	2093	3ZKYS9W	Janine Du Toit		32	Open	Female	01:52:37
96	2508	8TZ0GF1	Charmaine Viviers		32	Open	Female	01:53:41
97	2079	4NKWZ6N	Jamaine Cloete	MITCHELLS PLAIN TITANS	34	Open	Male	01:54:04
98	2236	8YWR9VC	Alexa Brown	ATLANTIC ATHLETIC CLUB	26	Open	Female	01:54:15
99	2584	1KWGAGV	Bradley Robinson		25	Open	Male	01:54:15
100	2113	4ANVE4R	Erenst T Kalane		22	Open	Male	01:54:26
101	2486	9XVK3TE	Stuart Thomas	HARFIELD HARRIERS	29	Open	Male	01:54:26

102	2059	1GZSD8Y	Frank Denys		35	Open	Male	01:54:30
103	2044	2FW14F6	Steve Wearne	ATC RUNNING	30	Open	Male	01:54:41
104	2588	VX25V4K	Helena Schoeman		49	40-49	Female	01:54:58
105	2620	4MHNC9Z	Sean A Scott		33	Open	Male	01:54:59
106	2188	4FNMKBV	Gareth Stringer	ATC RUNNING	34	Open	Male	01:55:04
107	2579	1SK02SH	Greg Nafte		32	Open	Male	01:55:16
108	2049	1KWF1K7	Mui Zwane	SANDF	36	Open	Male	01:55:20
109	2259	1TM7N4R	John Damonse	IN TOUCH AC	52	50-59	Male	01:55:25
110	2305	VX0VHDE	Nicole Griffith	KWAY VOB	45	40-49	Female	01:55:34
111	2650	1GZSA24	Rigardt Visser		30	Open	Male	01:55:35
112	2405	VX242SW	Adri Neff	PAARL AC	49	40-49	Male	01:55:37
113	2404	4RWTF08	Thelma Naude	WEST COAST AC	54	50-59	Female	01:55:48
114	2578	VX3FRZR	Josias Henry Montgomery	TYGERBERG	52	50-59	Male	01:55:55
115	2655	5EMFS9X	Jermaine W Hartnick	SPARTAN HARRIERS	37	Open	Male	01:55:58
116	2520	8DVDES8	Daniel Wishnia	ATLANTIC ATHLETIC CLUB	32	Open	Male	01:56:12
117	2088	8MHVKN4	Paul De Klerk	SANLAM AC	34	Open	Male	01:56:15
118	2200	8MHVDSB	Junior Smith		29	Open	Male	01:56:19
119	2401	0FK76K5	Arne Johann Mulder	SANLAM AC	44	40-49	Male	01:56:26
120	2351	2FHRHHV	Miekie Lamprecht	AMSAC	52	50-59	Female	01:56:47
121	2419	1GYKMY6	Bridgit Panebianco	JEPPE	37	Open	Female	01:56:49
122	2418	1WWBSM5	Andrea Panebianco	JEPPE	37	Open	Male	01:56:49
123	2417	9KK3GDG	Monica Palmer	WEST COAST AC	55	50-59	Female	01:56:54
124	2639	4RYTG3F	Desiree Strydom	LANGEBAAN STRANDLOPERS	47	40-49	Female	01:57:04
125	2173	1WMSAX5	Arinda Janse Van Rensburg		24	Open	Female	01:57:19
126	2020	1WW6YYG	Johan Kuyper	DURBANVILLE ATHLETIC CLUB	26	Open	Male	01:57:21
127	2463	0XHGGSG	Christopher Smith	SPARTAN HARRIERS	59	50-59	Male	01:57:23
128	2187	6DHDKHR	Rachel Steele-Smith		42	40-49	Female	01:57:33
129	2051	1GW3F5Y	Alicia Coetzee	DURBANVILLE ATHLETIC CLUB	29	Open	Female	01:57:33
130	2570	1ZZV18D	Karl Lambson		29	Open	Male	01:57:34
131	2422	4KMV3DX	Matilda Pieters	ARCELOR MITTAL RUNNING CLUB	34	Open	Female	01:57:41
132	2337	VX4V3XK	Tom Johnson	AURECON	62	60-69	Male	01:57:46
133	2244	3WH6C1W	Sydney Carstens	DURBANVILLE ATHLETIC CLUB	57	50-59	Male	01:57:56
134	2350	VX6M968	Glenville Kriel	DURBANVILLE ATHLETIC CLUB	57	50-59	Male	01:57:56
135	2414	4WWE35B	Anita Oppel	DURBANVILLE ATHLETIC CLUB	53	50-59	Female	01:58:07

136	2415	DX4E5K7	Desmore Oppel	DURBANVILLE ATHLETIC CLUB	57	50-59	Male	01:58:07
137	2546	4KKVNR	Annarie Bruwer		41	40-49	Female	01:58:40
138	2299	VX37HR7	Nadia Gonsalves	ATLANTIC ATHLETIC CLUB	42	40-49	Female	01:58:47
139	2250	2FNFC9P	Simone Coetzee	GOODWOOD HARRIERS	31	Open	Female	01:58:48
140	2412	4RWWNDM	Lucinda Olsen	DURBANVILLE ATHLETIC CLUB	45	40-49	Female	01:59:02
141	2471	8GNE8XM	Theo Steenkamp	BELLVILLE AC	62	60-69	Male	01:59:07
142	2116	8ZN7YK6	Martin Laubscher	RUN WALK FOR LIFE	33	Open	Male	01:59:16
143	2542	8TV75FV	Craig Belstead		48	40-49	Male	01:59:19
144	2194	4XHCKN2	Jannike Van Zyl		27	Open	Female	01:59:20
145	2331	VX3P0KC	Lindsay Lowe	KWAY VOB	59	50-59	Female	01:59:23
146	2320	1NN93HP	Nicki Hill	CARBINEERS WP	50	50-59	Female	01:59:25
147	2601	8TV7ZVC	Marc Van Der Merwe		20	Open	Male	01:59:28
148	2223	VX4YN9P	Duncan Bell	WORCESTER AC	55	50-59	Male	01:59:30
149	2431	4DKNKAB	Inge Reissenzahn	CARBINEERS WP	46	40-49	Female	01:59:37
150	2095	3SN33YS	Monelle Erasmus		24	Open	Female	01:59:38
151	2525	VX3FZ8E	Catherine Labuschagne	SANDB	38	Open	Female	01:59:43
152	2576	3SNBDFX	Stephan Minne	PAARL AC	62	60-69	Male	01:59:53
153	2455	8THTHH9	Llewellyn Skermandt	INTOUCH	50	50-59	Male	01:59:54
154	2021	2NV59DC	Susan Landsberg	RUN WALK FOR LIFE	45	40-49	Female	01:59:54
155	2344	9XWK498	Marshall Kiewiet	CARBINEERS WP	33	Open	Male	01:59:56
156	2230	VX48DHK	Patrick Boyd	DURBANVILLE ATHLETIC CLUB	64	60-69	Male	01:59:59
157	2138	6TNMD2V	Teresa-Ann Ruster	KWAY VOB	26	Open	Female	02:00:39
158	1YN8S F2	1YN8SF2	Sonnyboy Dipedi		52	50-59	Male	02:00:45
159	2565	3SWT21V	Judy Guntelach		38	Open	Female	02:00:59
160	2360	1GVA0WB	Kylie Loesch	CAPE MULTI SPORT	31	Open	Female	02:01:16
161	2495	2WKT4WB	Michelle Van Dyk		43	40-49	Female	02:01:25
162	2151	6EN26FV	Azelle Alberts		25	Open	Female	02:01:29
163	2076	8AHRXPN	Michelle Bey	CELTIC HARRIERS	46	40-49	Female	02:01:36
164	2082	4ANV6RY	Stephen Cowley	KWAY VOB	35	Open	Male	02:01:44
165	2553	9XZCSWN	Keegan Cranna		22	Open	Male	02:02:03
166	2201	6DHE6NH	Kobus Toua		52	50-59	Male	02:02:06
167	2583	VX7N5GR	Francois Raubenheimer		54	50-59	Male	02:02:12
168	2420	2WNR98Y	Esther Patience	ATC RUNNING	48	40-49	Female	02:02:21
169	2012	4WVVM2X	Ian Flack	LANGEBAAAN AC	58	50-59	Male	02:02:30
170	2474	2FKZHP3	Edward Stevens	RUN WALK FOR LIFE	53	50-59	Male	02:02:34
171	2257	2FNVR8K	Stefni Cruywagen	STELLENBOSCH AC	33	Open	Female	02:02:35
172	2135	8AHT2ZY	Vedanette Potgieter	STELLENBOSCH AC	35	Open	Female	02:02:37
173	2339	VX0T92T	Frankie Johnston	WPCC	56	50-59	Female	02:02:39
174	2407	4RVT13V	Sandra Nel		45	40-49	Female	02:02:42

175	2586	8TV7M2A	Romano Lorenzo Samuels		27	Open	Male	02:02:45
176	4206	3EZG3H9	Nicola Leach	DURBANVILLE ATHLETIC CLUB	32	Open	Female	02:02:52
177	2290	4RWRG0K	Candice Fraser	CAPE MULTI SPORT	30	Open	Female	02:02:53
178	2195	5SH6ZMF	Samantha Visser		30	Open	Female	02:03:02
179	2649	8WVKD26	Heidi Brand	CERES	44	40-49	Female	02:03:06
180	2602	3SZ645G	Anna-mare Van Staden		50	50-59	Female	02:03:08
181	2054	1GY3P8Z	Lorette Thompson		32	Open	Female	02:03:12
182	2192	4FNMM29	Christine Van Deventer		55	50-59	Female	02:03:25
183	2365	VX304YP	Dawn Lubbe	CAPE MULTI SPORT	47	40-49	Female	02:03:27
184	2505	8TWONNR	Tania Visagie	CAPE MULTI SPORT	42	40-49	Female	02:03:43
185	2599	3ZKY8BD	Emile Van Der Merwe		38	Open	Male	02:03:44
186	2067	8TYPMGP	Jason Van Der Linde		22	Open	Male	02:03:55
187	2458	2FW90TZ	Sonelle Slabbert		47	40-49	Female	02:04:33
188	2060	1ZYSD9	Laura Graves		33	Open	Female	02:04:36
189	2564	3SWTRKG	Nicholas Graves		36	Open	Male	02:04:38
190	2302	1KWGX2T	Carmen Gouws	ARCELOR MITTAL RUNNING CLUB	27	Open	Female	02:04:43
191	2241	2NK76ZX	Harry Burger	LANGEBAAN STRANDLOPERS	40	40-49	Male	02:04:44
192	2411	3EY7FVT	Zander Oliver	BELLVILLE AC	34	Open	Male	02:04:57
193	2398	VX3ZE4N	Belinda Morkel	RUN WALK FOR LIFE	56	50-59	Female	02:05:10
194	2169	8AHRD0T	Sietske Gouws		44	40-49	Female	02:05:40
195	2294	2WKT1WZ	Isak Geduld		65	60-69	Male	02:05:41
196	2653	1ZVZ0G7	Larissa Krajasich	RUN WALK FOR LIFE	44	40-49	Female	02:05:49
197	2162	6EK2RDD	Gert Du Toit		31	Open	Male	02:06:02
198	2632	5EHWA73	Mari Vermeulen	WORCESTER AC	22	Open	Female	02:07:02
199	2527	8TK08CK	Julia Fleming	RUN WALK FOR LIFE	49	40-49	Female	02:07:26
200	2278	8YZTZK1	Sandra Eardley	KWAY VOB	61	60-69	Female	02:07:34
201	2163	3DN11YT	Steven Empedocles		26	Open	Male	02:07:43
202	2661	9KK4WFW	Griffet Fransman	CELTIC HARRIERS	58	50-59	Male	02:07:57
203	2110	8WHCON4	Amy Hopkins	ATLANTIC ATHLETIC CLUB	31	Open	Female	02:07:59
204	2224	1GYAHNY	Natacha Berkowitz	ATLANTIC ATHLETIC CLUB	31	Open	Female	02:07:59
205	2105	3SN34AW	Tracey Hendricks	SOUTHERN STRIDERS	41	40-49	Female	02:08:11
206	2468	1KWM96B	Caine Stadler	GOODWOOD HARRIERS	42	40-49	Male	02:09:22
207	2492	VX2G53B	Annel Van Der Merwe		61	60-69	Female	02:09:41
208	2178	1FHS0WX	Janet Malan		40	40-49	Female	02:09:48
209	2557	2AK7NSB	Elishia U Drotschie		24	Open	Female	02:10:06
210	2558	9NHVK2M	Kobus Drotschie		38	Open	Male	02:10:07



211	2239	8SNDRYT	Tracey Brown	WEST COAST AC	42	40-49	Female	02:10:29
212	2452	2XVR8Z8	Primrose Magnolia Shabangu	EDGEMEAD RUNNERS	31	Open	Female	02:10:55
213	2161	4RN4PBS	Lune Du Plessis		27	Open	Female	02:11:05
214	2491	9XW4COB	Fidelia Van Der Linde	LANGEBAAAN STRANDLOPERS	33	Open	Female	02:11:38
215	2103	4FNMRYE	Chelsea Hall	EDGEMEAD RUNNERS	23	Open	Female	02:11:42
216	2072	1FH8PSS	Johan Bester	NEDBANK RUNNING CLUB	35	Open	Male	02:11:52
217	2075	3SN3RKT	Theodor Bester		35	Open	Male	02:11:52
218	2291	VX07S3M	Catherine Futter	CELTIC HARRIERS	39	Open	Female	02:11:56
219	2190	4FNMDGX	Daniel Van Der Bank		40	40-49	Male	02:12:25
220	2069	3SV612W	Louw Viljoen		44	40-49	Male	02:12:28
221	2269	1GWKVPE	Wouter De Kock	MELKBOS ATHLETIC CLUB	50	50-59	Male	02:12:28
222	2635	2AZCVR9	Rachelle Gilliland	ATLANTIC ATHLETIC CLUB	30	Open	Female	02:12:36
223	2636	1FHS6NB	Wilhelm Delpont	ATLANTIC ATHLETIC CLUB	32	Open	Male	02:12:37
224	2124	5SH66TN	Hugo Loubser	STRAND AC	68	60-69	Male	02:13:30
225	2126	3TNF1YP	Rene Martheze	IN TOUCH ATHLETICS CLUB	37	Open	Female	02:13:36
226	2096	3ZH9778	Tanya Fischer	INTOUCH	36	Open	Female	02:13:37
227	2174	6TH7PE6	William Kayser		38	Open	Male	02:13:38
228	2498	VX1H9MF	Klippies Van Rooyen	STRAND AC	63	60-69	Female	02:13:41
229	2057	1WW6WAF	Karrike Conradie		41	40-49	Female	02:13:54
230	2549	9XW426R	Abe Conradie		44	40-49	Male	02:13:54
231	2432	6DNEAHC	Saville Riberts	JAGUARS AC	46	40-49	Male	02:13:58
232	2470	2MNBND5	Nicky Stander	WEST COAST AC	38	Open	Female	02:14:20
233	2536	2NW5RE1	Hannes Theron	CERES	36	Open	Male	02:14:33
234	2014	2FVZPEX	Sarah Glenday	ATC RUNNING	31	Open	Female	02:14:53
235	2003	1ZW1DDV	Tamara Billimore	WEST COAST AC	44	40-49	Female	02:14:56
236	2309	4XNK2G6	Jeanine Haarhoff	WEST COAST AC	43	40-49	Female	02:14:56
237	2031	1GZ820N	Gian Palermo	WEST COAST AC	49	40-49	Male	02:14:57
238	2150	8WH4NWZ	Ann Jones	SANLAM AC	41	40-49	Female	02:15:03
239	2089	6TH70ND	Susan Devlin	MELKBOS ATHLETIC CLUB	44	40-49	Female	02:15:04
240	2438	1KWGNAM	Nicoleen Roets	WEST COAST AC	35	Open	Male	02:15:04
241	2189	4ANHEXY	Dawn Swart		37	Open	Female	02:15:04
242	2233	1KWG55H	Zita Brandon	WEST COAST AC	54	50-59	Female	02:15:05
243	2396	8DYETS5	Crystle-Lynne Moore	SA POLICE ATHLETICS CLUB	30	Open	Female	02:15:05
244	2464	8DW8Y6Y	Lize Smith	PAARL AC	43	40-49	Female	02:15:28
245	2254	VX3P2EH	Sanet Cox	CPUT ATHLETIC CLUB	43	40-49	Female	02:15:29
246	2171	1FHS4CK	Meg Holtzhausen		43	40-49	Female	02:15:31

247	2618	3SVBVPW	Sarah Herdien	VELOCITY	67	60-69	Female	02:16:03
248	2258	7XNSDE7	Vera Da Silva	BELLVILLE AC	51	50-59	Female	02:16:03
249	2147	1FHAZNY	Samantha Van Den Berg	MELKBOS ATHLETIC CLUB	45	40-49	Female	02:16:04
250	2197	8EM0BD5	Hencor Combrink		30	Open	Male	02:16:18
251	2120	4NNRP58	Sollie Liebenberg	BREDASDORP	61	60-69	Female	02:16:20
252	2444	1ZZ1TG9	Yusuf Salie	ITHEKO	36	Open	Male	02:16:38
253	2611	1DH21SN	Chris Prinsloo		30	Open	Male	02:16:41
254	2228	1WWXVTW	Heste Botha	ARCELOR MITTAL RUNNING CLUB	38	Open	Female	02:16:44
255	2061	4WVVDXR	Komza Limba Komanisi		37	Open	Male	02:16:45
256	2287	VX0B6S2	Joppie Fischer	LANGEBAAN STRANDLOPERS	52	50-59	Male	02:16:50
257	2667	1WMS0RG	Matrascia Cinzia	ITHEKO	24	Open	Female	02:16:52
258	2172	1RNGF5Z	Ambrose James	BONTEHEUWEL AC	24	Open	Male	02:16:56
259	2322	VX0S1ZA	Richard Hook	WPCC	62	60-69	Male	02:16:56
260	2175	3SN8AD3	Ashley Kriel		21	Open	Female	02:16:57
261	2340	4MV0W34	Etienne Jooste	STRAND AC	66	60-69	Male	02:17:03
262	2499	4RVRKBN	Andries Daniel Van Wyk	MOORREESBURG	62	60-69	Male	02:17:03
263	2166	8MNDEH5	Anita Fouche		22	Open	Female	02:17:05
264	2205	VX7NNRR	Jeanne Adonis	DURBANVILLE ATHLETIC CLUB	46	40-49	Female	02:17:14
265	2092	3GH3B12	Emile Du Preez	DURBANVILLE ATHLETIC CLUB	37	Open	Male	02:17:24
266	2176	8YN4DYZ	Madelie Liebetrau	TEAM VITALITY	22	Open	Female	02:17:26
267	2184	3GH8CW9	Aj Rens		25	Open	Male	02:17:26
268	2644	4SK4A9T	Enock Mateyu		39	Open	Male	02:17:31
269	2358	VX40W2M	George Lewis	MAMRE AC	61	60-69	Male	02:17:39
270	2668	6YH2GN6	Arne Geldenhuys		39	Open	Female	02:18:21
271	2296	VX1Y693	Wentzel Gelderblom	BELLVILLE AC	66	60-69	Male	02:18:45
272	2662	1ZK9AE7	Susanna Du Toit	DOHA RUNNING CLUB	50	50-59	Female	02:18:52
273	2216	9XVKFBB	Ismail Baradien	ITHEKO	58	50-59	Male	02:18:58
274	2547	4DKN3M3	Johan Burger		58	50-59	Male	02:19:06
275	2439	4ZN4488	Vaughn Roman	IN TOUCH ATHLETIC CLUB	32	Open	Male	02:19:20
276	2023	4WVD323	Tlou Masehela	PINELANDS AC	32	Open	Male	02:19:26
277	2146	8KNB29M	Lungelo Tile	HELDERSTROOM ATHLETICS CLUB	53	50-59	Male	02:19:40
278	2260	8DH242T	Samantha Dancer	RUN WALK FOR LIFE	36	Open	Female	02:19:46
279	2554	4MN9MBN	Anthony Dancer		43	40-49	Male	02:19:47
280	2293	8TH16TB	Rob Gardner	DURBANVILLE ATHLETIC CLUB	53	50-59	Male	02:19:56
281	2142	3ZH9PW4	Ghaliel Soeker	OMMIEDRAAI FRIENDS AC	29	Open	Male	02:20:00
282	2109	1RNGK8V	Gouwa Hoosain	WALMERS ATHLETIC CLUB	33	Open	Female	02:20:01



283	2078	1FHS3ZA	Niyaz Brown	OMMIEDRAAI FRIENDS AC	27	Open	Male	02:20:01
284	2345	1NHZR7G	Ebrahim Kleinsmith	BO KAAP ATHLETICS	39	Open	Male	02:20:01
285	2624	2AM98PP	Cathy Alger	EDGEMEAD RUNNERS	54	50-59	Female	02:20:05
286	2623	VX3P07A	David Green	EDGEMEAD RUNNERS	63	60-69	Male	02:20:05
287	2659	1GY8T17	Tisha Gibbs		46	40-49	Female	02:20:10
288	2132	8GND0BW	Linda Payton	SPARTAN HARRIERS	54	50-59	Female	02:20:12
289	2482	6YNTGD4	Ashley Taylor	SPARTAN HARRIERS	25	Open	Female	02:20:13
290	2085	8SKVB6T	Darrian Damons		23	Open	Female	02:20:36
291	2064	1KWFVVM	Aletta Roux		51	50-59	Female	02:20:39
292	2323	CB51379	Sue Hook	FORESTERS	60	60-69	Female	02:20:42
293	2433	3SV6W8H	Andrew Rich	CARBINEERS WP	47	40-49	Male	02:20:49
294	2221	VX68N1M	Jana Beckett	KWAY VOB	57	50-59	Female	02:21:08
295	2286	9RKZ83M	Valencia Allouise Farao	SANDF	45	40-49	Female	02:21:13
296	2209	2XWXGNG	Marentius Arendse	CAPE MULTI SPORT	42	40-49	Male	02:21:14
297	2159	4WMNEYW	Matthew Copeland		41	40-49	Male	02:21:20
298	2332	VX5FGZK	Anthony Jacobs	SPARTAN HARRIERS	54	50-59	Male	02:21:35
299	2556	VX4YC2Z	Elize Dodds		55	50-59	Female	02:21:55
300	2019	3SWXFF5	Adel Koegelenberg	BOESMANLAND HARRIERS	31	Open	Female	02:22:00
301	2033	8DWA4B8	Sebataolo Rahlaho	RCS GUGULETHU AC	37	Open	Male	02:22:08
302	2118	6YHBWE3	Anel Lewis	CELTIC HARRIERS	42	40-49	Female	02:22:18
303	4RZRY 4M	4RZRY4M			0	Unknown	Unknown	02:22:26
304	2384	VX8GC0W	Monique Martens	WEST COAST AC	53	50-59	Female	02:22:35
305	2371	4RV2WWA	Dancie Majola	WEST COAST AC	43	40-49	Female	02:22:37
306	2356	3GNSED5	Thepi Lebong		31	Open	Female	02:23:12
307	2575	VX3NCRW	Dagmar Merkle		49	40-49	Female	02:23:12
308	2645	1FN3W7G	Karen A Burman	WHALERS	41	40-49	Female	02:23:29
309	2646	8WKZGS	Lara-Lyn Wellington	WHALERS	39	Open	Female	02:23:29
310	2196	8MHVE04	Austen Maxwell Waterwitch		45	40-49	Male	02:23:41
311	2451	4WKAAX2	Carl Schultz	CAPE MULTI SPORT	51	50-59	Male	02:23:52
312	2046	1ZYMYM	Kalvin Whittles	CPUT ATHLETIC CLUB	61	60-69	Male	02:24:01
313	2335	8SW4DM8	Anthea Johnson	NANTES AC	41	40-49	Female	02:24:06
314	2114	3TNW7X6	Biggie Kuyimba		37	Open	Male	02:24:12
315	2130	8KNTX49	Gibbs Mungoya		44	40-49	Male	02:24:12
316	2589	8DMDWPF	Charlotte Scott	WEST COAST AC	39	Open	Female	02:24:27
317	2133	1FHS9PV	Megan Petersen	ATC RUNNING	31	Open	Female	02:24:32
318	2144	6TH7Z35	Elizabeth Sykes	EDGEMEAD RUNNERS	28	Open	Female	02:24:38
319	2123	3ZH9MMH	Roslin Losper		47	40-49	Female	02:25:03

320	2042	8YWBFKN	Bernise Vinello-Lippert	SA POLICE ATHLETICS CLIB	44	40-49	Female	02:25:13
321	2310	7XK85VT	Belinda Hall	EDGEMEAD RUNNERS	54	50-59	Female	02:25:14
322	2249	8YN5S8K	Adel Coetzee	WEST COAST AC	54	50-59	Female	02:25:38
323	2038	4KYCH7S	Alicia Van Der Merwe		24	Open	Female	02:25:39
324	2522	8DYEM0N	Charlotte Young	KWAY VOB	40	40-49	Female	02:25:42
325	2608	8TWYM5Y	Caroline Young		47	40-49	Female	02:25:43
326	2541	1NH9X3R	Sandra Barrow		36	Open	Female	02:25:43
327	2281	1GVSETB	Clair Edson	IN TOUCH AC	46	40-49	Female	02:26:07
328	2334	9NMKP5T	Rudi Jansen	INTOUCH	39	Open	Male	02:26:07
329	2357	2RHZAEP	Marius Leuvenink	STELLENBOSCH AC	59	50-59	Male	02:26:26
330	2127	3DN1MXV	Lebo Matla		21	Open	Female	02:26:36
331	2164	2XNAYXK	Rache Fabricius		48	40-49	Female	02:26:38
332	2155	8MHVSC7	Arne Bester		26	Open	Female	02:26:48
333	2631	4ANV4AD	Rachel Read	RUN WALK FOR LIFE	49	40-49	Female	02:27:01
334	2081	4RNCZfZ	Zelda Cottle	CARBINEERSWP	43	40-49	Female	02:27:04
335	2115	4ANVS8T	Mariska Laubscher	RUN WALK FOR LIFE	30	Open	Female	02:27:12
336	2018	3EVW089	Jo Jones	HERBALIFE	44	40-49	Female	02:27:22
337	2007	8TY05R1	Maria Cowie	EDGEMEAD RUNNERS	47	40-49	Female	02:27:26
338	2028	2FVZC6Y	Bianca-Leigh Nagel	BORN2RUN	38	Open	Female	02:27:26
339	2483	3DK10SS	Elisabeth Taylor	SPARTAN HARRIERS	55	50-59	Female	02:27:37
340	2297	VX82W9R	Varsha Gihwala	CELTIC HARRIERS	54	50-59	Female	02:27:42
341	2528	3EHXM85	Dianne Gilchrist	KWAY VOB	45	40-49	Female	02:27:54
342	2083	6DHDEP9	Tracey Cowley	KWAY VOB	39	Open	Female	02:28:12
343	2324	2AZAAP4	Naazia Hoosain	ITHEKO	33	Open	Female	02:28:28
344	2413	2AVAHVY	Adenaan Omar	ITHEKO	58	50-59	Male	02:28:29
345	2591	VX0K00F	Marina Smith	TEAM VITALITY	56	50-59	Female	02:28:37
346	2592	VX4M4TS	Willem Smith	TEAM VITALITY	53	50-59	Male	02:28:37
347	2004	2AVANBZ	Welna Boshoff	DURBANVILLE ATHLETIC CLUB	37	Open	Female	02:28:37
348	2321	4MZ71AH	Derrize Hoffman	TEAM VITALITY	26	Open	Female	02:28:45
349	2008	3EYFPR7	Ayesha Cozyn	OMMIEDRAAI FRIENDS AC	44	40-49	Female	02:28:49
350	2001	2NWXG7Y3	Zulfa Adams	OMMIEDRAAI FRIENDS AC	43	40-49	Female	02:28:50
351	2666	1ZVZ0RW	Yusuf Baradien	HEWAT AC	44	40-49	Male	02:28:54
352	2521	4RVTPCA	Des Wymers	TOP FORM	47	40-49	Female	02:28:58
353	2119	1FHS96P	Mufeeda Lewis	ITHEKO	43	40-49	Female	02:29:15
354	2513	4RVR79P	Leonore Watts	NAMAQUA AC	40	40-49	Female	02:29:16
355	2137	6TH01Z9	Jerome C Richards	RAVENSMEAD AC	45	40-49	Male	02:29:38
356	2136	4ANVK5X	Cecelia Richards	RAVENSMEAD AC	51	50-59	Female	02:29:39
357	2101	3SN3SAV	Marc Geldenhuys	BELLVILLE AC	26	Open	Male	02:30:12
358	2121	4ANV558	Johanna Linde	BELLVILLE AC	26	Open	Female	02:30:13
359	2450	8DZDNRB	Heleene Steenkamp		31	Open	Female	02:30:33

360	2094	5EHFBWS	Hanna Erasmus	VODACOM KIMBERLY ROADRUNNERS	63	60-69	Female	02:30:37
361	2198	6TH7KNM	Alexander George		50	50-59	Male	02:30:38
362	2199	4ANV1DD	Nicola George		47	40-49	Female	02:30:41
363	2532	2NWGPHR	Neolene Heunis	BELLVILLE AC	47	40-49	Female	02:30:45
364	2022	9XVC3CW	Danie Lourens	BELLVILLE AC	53	50-59	Male	02:30:45
365	2622	4RZRD4G	Zelna Africa	SANDF	43	40-49	Female	02:31:24
366	2625	4WZHV3X	Ayanda Madlolo	EDGEMEAD RUNNERS	34	Open	Female	02:31:31
367	2074	3KHGASS	Rachelle Bester	STELLENBOSCH AC	29	Open	Female	02:31:40
368	2416	2GH4WCC	Jan Otto	SWARTLAND AC	45	40-49	Male	02:31:42
369	2316	2AN983F	Peter-John Harmse	CORRECTIONAL SERVICES	53	50-59	Male	02:31:45
370	2036	2NWGR4T	Marjorie Swartz		63	60-69	Female	02:31:50
371	2005	2AVS39C	Ruwayda Christians	OMMIEDRAAI FRIENDS AC	49	40-49	Female	02:31:59
372	2068	8YWBTAV	Lodewyk Van Heerden		53	50-59	Male	02:32:01
373	2167	9XKWD5C	Shelley Gardner		52	50-59	Female	02:32:24
374	2437	1ZW14TM	Jayne Roestorf	RUN WALK FOR LIFE	45	40-49	Female	02:32:38
375	2503	DX4K6FN	San Viljoen	PAARL AC	70	70-99	Female	02:32:56
376	2609	2WNTB9K	Heather Cooke	PINE NUTS	76	70-99	Female	02:33:26
377	2154	4XHCC3G	Clio Bax		26	Open	Female	02:33:26
378	2220	2YKD9WG	James Beckett	KWAY VOB	64	60-69	Male	02:33:27
379	2539	VX00VW6	Sandra Allen		60	60-69	Female	02:33:27
380	2571	3GM8MVM	Ragie Le Roux		59	50-59	Female	02:34:32
381	2186	8GNDFVK	Marthie Smit		44	40-49	Female	02:34:32
382	2621	VX6Z3YF	Charlene Maartens	EDGEMEAD RUNNERS	47	40-49	Female	02:35:42
383	2017	9XZKESG	Chanel Jones	TYGERBERG NLK	25	Open	Female	02:35:43
384	2015	2NYWVKF	Alfreda Jacobs	SPARTAN HARRIERS	39	Open	Female	02:36:19
385	2614	VX3PH1G	Rachel Van Eyk	PINE NUTS	44	40-49	Female	02:36:21
386	2574	VX254ZG	Annemarie Merkle	PINE NUTS	63	60-69	Female	02:36:21
387	2551	3EK50FR	Colleen Cox	PINE NUTS	60	60-69	Female	02:36:21
388	2240	VX0MK2H	Guy Burbidge	KWAY VOB	53	50-59	Male	02:36:28
389	2058	4KW4X2V	SunT De Lange		21	Open	Female	02:36:44
390	2634	1GY33N2	Siraj Brewer	ITHEKO	41	40-49	Male	02:36:51
391	2217	4RVB58R	Nurunnesa Baradien	ITHEKO	59	50-59	Female	02:36:51
392	2010	8YYB08V	Ian Eadie	MY TRAINING DAY	65	60-69	Male	02:37:00
393	2364	8TKGMBK	Elizabeth Louw	GUGULETHU	52	50-59	Female	02:37:30
394	2301	2NZWRZE	Roland Gordon	PAARL AC	49	40-49	Male	02:37:32
395	2084	8RHMNNN	Julia Crotz	BRANDVLEI CORRECTIONALS ATHLETICS CLUB	53	50-59	Female	02:37:39
396	2467	2RKSF3V	Anita Spreeth		48	40-49	Female	02:37:46
397	2336	4KHVEN2	Pieter Johnson	WORCESTER AC	56	50-59	Male	02:37:47
398	2139	1MM9SA4	Bridget Smit	INTOUCH	59	50-59	Female	02:37:52

399	2140	6TN73YM	Glynis Smith	SPARTAN HARRIERS	56	50-59	Female	02:37:52
400	2055	2NV5Z0E	Alida Bester		43	40-49	Female	02:38:45
401	2374	1ZW1PYA	Retsebile Malele	FAT CATS AC	28	Open	Female	02:39:09
402	2102	1MM9CBK	Elton Gordon	IN TOUCH AC	42	40-49	Male	02:39:10
403	2182	8ZN0MGT	Ronel Nel		41	40-49	Female	02:39:11
404	2087	8RH75TX	Sean Davids	CARBINEERSWP	38	Open	Male	02:40:53
405	2035	2FWZTSC	Anniën Shaw	CARBINEERS WP	35	Open	Female	02:40:53
406	2108	3SN3XXS	Robert Heynse		38	Open	Male	02:40:56
407	2077	8KNBSAW	Sandra M Bottom		49	40-49	Female	02:41:10
408	2390	1NH9XAX	Cecily Michaels	HELDERBERG HARRIERS	64	60-69	Female	02:41:17
409	2125	4FNMWB8	Felix Mapingire		34	Open	Male	02:41:17
410	2052	4WWD5V9	Janine Gutsche	OUUDTSHOORN AMATEUR ATHLETICS	50	50-59	Female	02:41:36
411	2183	5SH6G7H	Samuel Stephanus Nel		43	40-49	Male	02:42:03
412	2117	6YH2R37	Leatitia A Lewin	HEWAT AC	48	40-49	Female	02:43:00
413	2129	3KHGD7P	Melany Meyer	VODACOM KIMBERLY ROADRUNNERS	47	40-49	Female	02:43:10
414	2326	VX48208	Trudy Hough	WEST COAST AC	57	50-59	Female	02:43:45
415	2600	1FNABVN	Geraldine Van Der Merwe		35	Open	Female	02:43:46
416	2264	9XW4BNC	Anita M Davids	LANGEBAAAN AC	44	40-49	Female	02:43:59
417	2215	8TV701P	Lesley Bailey	TYGERBERG	31	Open	Male	02:44:35
418	2500	2NKRHS9	Wilhelm Vermeulen	BELLVILLE AC	29	Open	Male	02:44:51
419	2377	4WZH6PB	Rupert Manuel	ARCELOR MITTAL RUNNING CLUB	43	40-49	Male	02:45:18
420	2429	VX073VP	Rosemary Prew	CELTIC HARRIERS	63	60-69	Female	02:45:20
421	2231	VX0KNSK	Dick Bradshaw	KWAY VOB	67	60-69	Male	02:45:20
422	2318	3EYWH1Y	Monique Heyns	PAARL AC	39	Open	Female	02:45:24
423	2361	3EZ6AC	Marizanne Lombard	PAARL AC	52	50-59	Female	02:46:08
424	2314	2FNG7NR	Janetta Harmse	CORRECTIONAL SERVICES	50	50-59	Female	02:46:29
425	2283	7XH5T4V	Sarie Erasmus	SWARTLAND AC	67	60-69	Female	02:47:46
426	2053	8TW0X2T	Brenda Human	METROPOLITAN	52	50-59	Female	02:48:04
427	2341	2NZ54ZT	Liesl Jooste	ARCELOR MITTAL RUNNING CLUB	44	40-49	Female	02:48:08
428	43K	4WV343K	Christopher Rodgers	LANGEBAAAN AC	44	40-49	Male	02:48:16
429	2037	8DVDVTE	Sylvia Van Den Heever	BOESMANLAND HARRIERS	37	Open	Female	02:48:36
430	2307	8DNAV47	RenT Bosman	RUN WALK FOR LIFE	59	50-59	Female	02:49:34
431	2643	1KV509V	Omar Kamish		43	40-49	Male	02:50:24
432	2533	VX1H63N	Christopher Meyer	TYGERBERG ATHLETIC CLUB	71	70-99	Male	02:50:35
433	2104	1NN15SG	Sammy Harris	METROPOLITAN	57	50-59	Male	02:50:35

434	2011	8TV76ZZ	Shahieda Fisher	METROPOLITAN	36	Open	Female	02:50:55
435	2128	6ENBKRY	Nicola Matthee	CAPE MULTISPORT	24	Open	Female	02:51:25
436	2029	4RWTE4G	Lindiswa Ngxonono	RCS GUGULETHU AC	33	Open	Female	02:52:26
437	2369	2ANCRB3	Duncan Mackintosh	KWAY VOB	69	60-69	Male	02:52:55
438	2009	8TW0Y48	Sharon Diedricks	INTOUCH	51	50-59	Female	02:53:34
439	2219	2AVAX29	Tom Beasor	KWAY VOB	66	60-69	Male	02:53:44
440	2002	8SW4BPH	Wesley Alexander	CARBINEERSWP	39	Open	Male	02:53:54
441	2179	3DK3K5X	Le Roux Malan		49	40-49	Male	02:54:31
442	2180	8GNDXDK	Liezl Malan		42	40-49	Female	02:54:31
443	2211	1GWKKT7	Catherine Austin	RUN WALK FOR LIFE	47	40-49	Female	02:55:36
444	2232	VX25XY2	Jean Bradshaw	KWAY VOB	68	60-69	Female	02:55:44
445	2319	VX4XW7D	Marie Hill	CERES	72	70-99	Female	02:55:54
446	2027	1KWF1DD	Andr Myburgh	BOESMANLAND HARRIERS	56	50-59	Male	02:56:29
447	2315	1KYN35R	Percival Harmse	CORRECTIONAL SERVICES	26	Open	Male	02:56:58
448	2100	3KHWVZ2	Julinda Gantana	WESTERN PROVINCE AC	47	40-49	Female	02:57:19
449	2276	8DW8V7A	Pamela Duarte	METROPOLITAN	42	40-49	Female	02:59:53
450	2024	9XVKZF3	Bill Maycock	RUN WALK FOR LIFE	74	70-99	Male	03:00:06
451	2313	2FZPCP3	Gavin Hardres-Williams	RUN WALK FOR LIFE	73	70-99	Male	03:00:06
452	2145	8AHTG02	Susanna Elizabeth Theunissen	PAARL AC	49	40-49	Female	03:00:18
453	2261	1WVRPCA	Sue Darlington	EDGEMEAD RUNNERS	63	60-69	Female	03:00:45
454	2665	3KKFW4S	John Hartnick	SPARTAN HARRIERS	62	60-69	Male	03:03:22
455	2352	3EHX6BF	Celius Lausberg		46	40-49	Male	03:03:27
456	2619	4YM9M0N	Christopher Kudyahakudadirwe	RCS GUGULETHU AC	57	50-59	Male	03:03:47
457	2410	8KKFFSK	Johrine Nortje	SANLAM AC	60	60-69	Female	03:07:46
458	2204	6EKB06R	Washellah Adams	OMMIEDRAAI FRIENDS AC	58	50-59	Female	03:07:56
459	6EN28 4R	6EN284R			0	Unknown	Unknown	03:09:42
460	2170	1FHS6TE	Lynn Haycock		36	Open	Female	03:09:42
461	2473	VX7NKPG	Sam Sterban	RUN WALK FOR LIFE	77	70-99	Male	03:10:38
462	2153	8GNDNV3	Naomi Apolles		62	60-69	Female	03:10:39
463	2152	4XHCM17	Keith Apolles		61	60-69	Male	03:10:39
464	2434	2GM08PM	Pete Riches	KWAY VOB	67	60-69	Male	03:15:33
465	2143	4RN45F8	Yvonne Steenkamp		54	50-59	Female	03:17:05
466	2502	1KHX17H	Marietjie Viljoen	SWARTLAND AC	61	60-69	Female	03:17:59
467	2275	VX4HV27	Jan Du Plessis	HELDERBERG HARRIERS	62	60-69	Male	03:23:38
468	2408	DX4CR7E	Hantie Nelson	BELLVILLE AC	50	50-59	Female	03:25:34
469	2203	8ANBDW5	Paul A Adams	KWAY VOB	42	40-49	Male	03:25:42

470	2149	4XHCBS	Juan Wiese	SWARTLAND AC	39	Open	Male	03:30:51
471	2156	6YHB106	Debbie Bothma		37	Open	Female	03:33:06
472	2440	VX0H76S	Annette Roos	WEST COAST AC	69	60-69	Female	03:38:34
473	2478	VX4C94X	Jan Swart	FIT2000	58	50-59	Male	03:41:47
474	2441	DX430W3	Paul Roos	WEST COAST AC	65	60-69	Male	03:41:48
475	2270	8GW6GZF	Christel De Swardt	CAPE MULTI SPORT	36	Open	Female	03:55:41